

The Spiritual Exercises in Daily Life, 19th Annotation Retreat

September 2026 to May 2027

The *Spiritual Exercises* of St. Ignatius are offered as an eight-month retreat in daily life that follows a practice of daily meditation and contemplation of scripture reading.

Through this experience, retreatants deepen their experience of God's presence in their lives.

A commitment of:

- Daily Prayer
- Meeting twice a month with an individual spiritual director
- Gathering Wednesday evening from 7:00-8:30pm (twice a month) for group reflection, companionship and faith-sharing



**To apply, please contact:
Kathy Maher at katherine.maher@bc.edu
The application process closes May 1, 2026**

