

CHURCH AT HOME



INTENTION

WE RECOGNIZE THAT THESE ARE DIFFICULT AND UNCERTAIN TIMES, AND WE MISS THE GIFT OF GATHERING AS A FAITH COMMUNITY AT ST. IGNATIUS PARISH. BUT WE TAKE CONSOLATION IN THAT “GOD IS IN ALL THINGS,” INCLUDING IN OUR HOMES, FROM THE DIRTY DISHES IN THE SINK TO THE FANCY PLATES IN THE CUPBOARD, GOD IS WITH US!

WE KNOW THAT CHRIST IS FOUND NOT ONLY IN TRADITION, BUT IN INNOVATION AND MOST ESPECIALLY IN PLACES WHERE WE NEED HIM MOST. RIGHT NOW, THIS MEANS RIGHT IN YOUR OWN HOME.

WE HOPE THAT YOU CAN IMAGINE THE HOLINESS OF CHURCH WITHIN YOUR HOME.



SACRED SPACE

WE JOIN A LONG HISTORY OF WORSHIP AND REVERENCE THAT TAKES PLACE WITHIN THE HOME. CONSIDER THE HOLINESS OF THE MANGER AS THE PLACE WHERE JESUS ENTERED THE WORLD OR RECALL THE LONG HISTORY OF THE MEXICAN “OFRENDA” - A HOME ALTAR TO COMMEMORATE ANCESTORS. REMEMBER THAT OUR JEWISH BROTHERS AND SISTERS CELEBRATE THE SEDER NOT IN THE TEMPLE OR IN THE SYNAGOGUE BUT AT HOME, SHARING A MEAL AROUND THE KITCHEN OR DINING ROOM TABLE IN WHICH PRAYERS ARE SAID.

TAKE A MOMENT TO SELECT AND CREATE A SACRED SPACE WITHIN YOUR HOME. THIS CAN BE AS SIMPLE AS A WINDOWSILL OR CORNER OF A KITCHEN TABLE. REMEMBER, JESUS SAYING, “FOR MY YOKE IS EASY AND MY BURDEN IS LIGHT.”

IF YOU WOULD LIKE, ADD HOLY PICTURES OR ICONS, CROSS OR CRUCIFIX, A PLANT OR FLOWER, AND MAYBE A CANDLE TO THE SPACE TO REMIND YOU THAT GOD IS DWELLING IN THIS SPACE AND YOUR HOME.

IF YOU HAVE CHILDREN, ASK THEM TO HELP CREATE THIS SACRED SPACE WITH DRAWINGS, CREATIONS FROM NATURE, OR CONSIDER A CONTAINER FOR PRAYER INTENTIONS FROM THE WHOLE FAMILY.



LITURGY

AS THE TIME FOR MASS DRAWS NEAR, TAKE TIME TO PREPARE YOUR SACRED SPACE AND LIVESTREAMING DEVICE.

CONSIDER PRINTING THE READINGS OR WORSHIP AID. TO SAVE PAPER YOU MIGHT FOLLOW ALONG ON A SMART PHONE, IPAD OR TABLET.

IF THERE ARE OTHERS JOINING YOU, CALL THEM TOGETHER.

IS THERE SOMEONE ON YOUR MIND WHO YOU WOULD LIKE TO DEDICATE THIS LITURGY? REMEMBER THOSE IN OUR COMMUNITY WHO CONTINUE TO PROVIDE ESSENTIAL SERVICES SUCH AS: SANITATION WORKERS, GROCERY STORE STAFF, SAFETY OFFICERS, HEALTHCARE WORKERS AND MANY MORE.

AS MASS BEGINS, DON'T BE AFRAID TO SING ALOUD AND REVERENTLY SIT, KNEEL OR STAND AS YOU ARE ABLE. LET THE WORD OF GOD ENTER INTO YOUR HOME!

DO YOU HAVE OTHER PRAYER INTENTIONS? MENTION THEM ALOUD DURING THE PRAYERS OF THE FAITHFUL OR USE THAT TIME TO DROP A PRAYER INTENTION INTO A SACRED CONTAINER.

FOR THE EUCHARISTIC PRAYER, WE SUGGEST PLACING A CANDLE, A CROSS OR CRUCIFIX, A BIBLE, A BOWL OF WATER ETC. ON OR NEAR YOUR SACRED SPACE. BE CREATIVE. YOU MIGHT ALSO HAVE SOME BREAD, WATER OR WINE ON THE TABLE ALREADY OR NEARBY BEFORE THE START OF MASS. IF YOU HAVE CHILDREN, THEY MIGHT PRESENT "THE GIFTS" BY PLACING THEM ON THE TABLE PRIOR TO THE EUCHARISTIC PRAYER.

PRAY THE LORD'S PRAYER TOGETHER AND IMAGINE YOUR PARISH COMMUNITY JOINING WITH YOU IN PRAYER. USE GESTURES TO PRAY THE LORD'S PRAYER.

AT THE SIGN OF PEACE, PERHAPS TEXT MESSAGE A FRIEND A GREETING OF PEACE? YOU MAY WANT TO USE THE CHAT ON THE LIVESTREAM TO OFFER YOUR PEACE. DON'T FORGET TO EXPRESS A GREETING OF PEACE TO THE WHOLE FAMILY, INCLUDING PETS.

DURING COMMUNION, REVERENTLY CONSUME THE "GIFTS" OF BREAD AND WINE YOU PREPARED. IMAGINE BEING AT TABLE WITH JESUS. YOU MIGHT ACT AS A MINISTER TO OTHER MEMBERS OF YOUR FAMILY.

AT THE FINAL BLESSING YOU MIGHT BLESS YOURSELF OR EVEN ONE ANOTHER FROM THE WATER IN THE BOWL PREPARED BEFOREHAND.

ALL IS HOLY!

THANKS BE TO GOD!



CONNECTION

KNOW OF OUR PRAYERS FOR YOU AND YOUR FAMILY!

REMEMBER THAT CHRIST CONNECTS IN MANY WAYS THROUGH HOPE, FAITH AND LOVE.

WHILE IT MAY BE ISOLATING TO BE AT HOME, CAN YOU IMAGINE MEMBERS OF YOUR CHURCH COMMUNITY AND SEND A PRAYER TO THEM?

CAN YOU CHECK IN ON A NEIGHBOR, ELDER OR FRIEND? SEND A TEXT MESSAGE, EMAIL, PHONE CALL OR CARD. REMEMBER TO ALSO ACCEPT HELP WHEN OFFERED TO YOU.

TAKE YOUR GROUP ONLINE! USE ZOOM OR SKYPE CREATIVELY TO CONNECT WITH OUR PARISH AND CHURCH COMMUNITY. COULD YOU WATCH MASS TOGETHER WITH A FEW OTHER PARISH MEMBERS USING THIS TECHNOLOGY? REACH OUT TO OTHERS AND INCLUDE THEM.

CAN YOU THINK OF NEW WAYS OF CONNECTING DURING THIS TIME, LIKE SHARING RESOURCES IN SOME NEW WAY? GENEROSITY IS A GREAT ANTIDOTE TO ANXIETY.



GRATITUDE

IT IS WITH A FULL HEART THAT WE GIVE THANKS FOR ALL THE GIFTS IN OUR LIVES INCLUDING THE GIFT OF OUR HOMES, OUR CHURCH, AND OUR COMMUNITY AND SO MANY MORE.

FINALLY, WE REMEMBER THE WORDS OF THE PSALM 23:

“THOU PREPAREST A TABLE BEFORE ME IN THE PRESENCE OF MINE ENEMIES; THOU ANOINTEST MY HEAD WITH OIL; MY CUP RUNNETH OVER.”

BE WELL FOR ALL WILL BE WELL



ST IGNATIUS LITURGY COMMISSION

CAROL RUSSO (CHAIRPERSON)
BERTA ALVARADO
CAROL ABEL
MATT ANDERSON
ERIC HAYDEL
STRAD ENGLER
EILEEN FAGGIANO
MARY LOU VON EUW
RITA RODRIGUEZ
PATRICIA WILLIAMS
FR. JOE (PASTOR)

Church of Saint Ignatius of Loyola – Church at Home/La Iglesia en Casa

Small Batch Bread Recipe for Home Use

FOOD SAFETY TIPS:

1. Wash all work surfaces with soap and warm water.
2. Make sure that all tools are clean. Use soap and warm water as needed.
3. Wash your hands with soap and warm water for at least 20 seconds before beginning.

INGREDIENTS	BEST BAKING TIPS
<p>SMALL (makes 2 5" loaves or 8 3" loaves)</p> <p>1 C flour EITHER: All enriched white OR: Any combination of enriched white, whole wheat or white whole wheat making a total of 1 C flour</p> <p>½ t table salt (fine)</p> <p>⅓ C water (room temp) – initial mix</p> <p>up to 2 Tbs water (room temp) – to add if needed</p>	<p><i>Use whole wheat flour if readily available. White flour will give a good loaf but may not need as much water.</i></p> <p><i>Different ovens hold heat differently. Adjust temperature for baking to match the characteristics of your oven.</i></p> <p><i>Put the oven rack in the middle position.</i></p> <p><i>Do not use insulated cookie sheets.</i></p> <p><i>Avoid over-kneading the bread, or it may become tough.</i></p> <p><i>When mixing together scraps of dough, avoid folding in air pockets. Use the rolling pin to push out excess bubbles.</i></p> <p><i>If bread is not used within one day, store in refrigerator or freezer with sheets of wax paper between each loaf.</i></p>

DIRECTIONS FOR HOME BAKING

- 1) Preheat oven to 340 degrees. Line a baking sheet with a silicone liner or parchment paper.
- 2) Whisk together all dry ingredients in large bowl until they are well mixed.
- 3) Add ⅓ C. water to dry ingredients in two batches. Mix using a fork, whisk or clean hands. The mix will seem dry. Using your hand, gather the mixture into a ball. If needed, slowly add up to 2 Tbs of the remaining water, mixing as you go, until the dough sticks together without feeling wet. If too moist, add flour.
- 4) Turn the dough onto a lightly floured surface and knead it up to two minutes. Stop when the dough feels smooth and silky. To knead, press the dough away from you with the palm of your hand. Then fold the dough back toward you, rotate the ball, and repeat (push, fold, rotate) for up to two minutes.

Rolling the dough:

- 5) Divide the dough into two even portions, and gently form each into a ball.
- 6) For 2 5" loaves:
 - a) Using your hands, work the first piece of dough into a slightly flatter circle. Place it on a board dusted with flour and flip it so both sides are lightly coated. Roll out dough, turning as you go until you have a circle about 5 inches in diameter. It should be about 1/8 inch thick. Shake or brush off excess flour. Watch to see if the dough shrinks back. If so, let it rest 30-60 seconds and then roll it out a bit more.
 - If you don't have a rolling pin or a 5-inch cutter, use a flat-bottomed bowl or pie plate (preferably glass so you can see what is happening). Press the bowl or plate down on the dough, rocking the dish as you go, to form a circle. You may need to go over the dough a few times to make it even thickness.
 - b) Either gently use your hands to even out the edge or use a 5-inch cutter or metal bowl to create a neat circle.
 - c) Use a knife or other flat-edge instrument to impress two lines in the form of a cross on each loaf.
- 7) For 3" loaves:
 - a) Follow step 6a, above to create a circle of dough about 1/8 inch thick and 5 inches diameter. Use a

Church of Saint Ignatius of Loyola – Church at Home/La Iglesia en Casa

Small Batch Bread Recipe for Home Use

- 3" cutter (a small glass or the lid of a narrow mouth Ball jar might be the right size) to cut smaller loaves. You should get up to 4 small loaves and have leftover scraps.
- b) Combine scraps and re-roll with the other ball.
 - c) Repeat rolling and cutting until you have no more dough.
 - d) Using a knife or other flat-edged instrument, lightly impress two lines on each small loaf in the form of a cross.
- 8) Place loaves on the cookie sheet, leaving some space in between.
 - 9) Place sheet on the middle oven rack and bake for 11 ½ - 12 minutes.
 - 10) Remove the sheet from the oven. If any of the loaves have puffed up, press down on them gently with a clean dish towel or paper towel. Then move the loaves to a cooling rack.
 - 11) Allow loaves to cool thoroughly, at least 20 minutes. Once the bread is cool you can store it in a plastic bag. For best results, separate each loaf with a piece of waxed or parchment paper. If you are not going to use it that day, store the bag in the refrigerator or freezer.
 - 12) Allow the bread to come to room temperature before using.

